

# Well-being through work



**Finnish Institute of  
Occupational Health**



**Finnish Institute of  
Occupational Health**

# **Improving resilience in waste transports**

Pia Perttula

# INFORMATION ABOUT THE PROJECT



Objective: increasing safety and well-being of waste transport workers

- In continuously changing work and working environment it is necessary to be prepared for unforeseen changes and disruptions

Materials and Methods:

- Present state analysis (statistics, observations and interviews)
- Questionnaire
- Development of a tool

Project timetable: 1.4.2014-30.4.2016



# The state of study

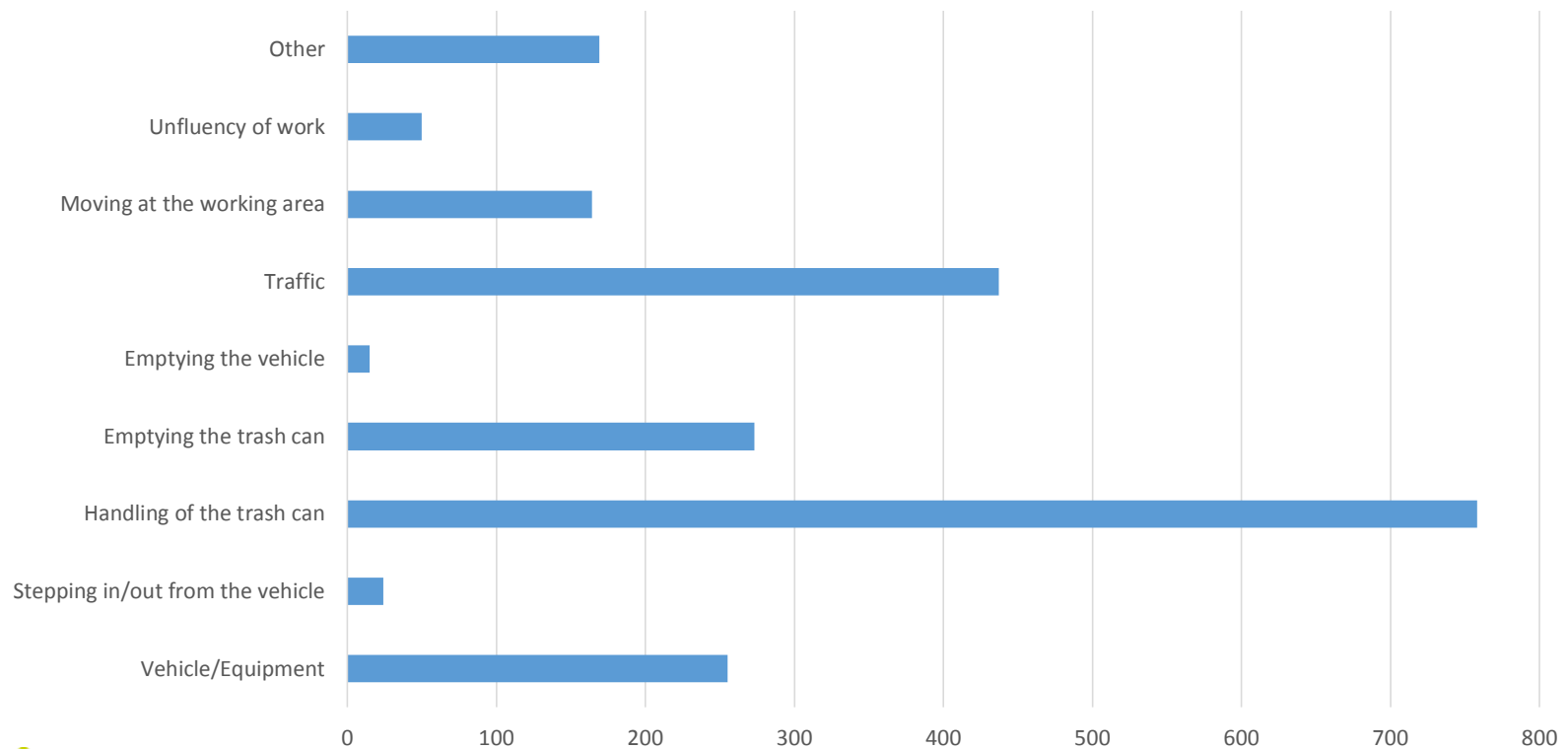
<b>Present state analysis</b>	<b>N</b>
Near-miss cases analysed	2219
Accident cases analysed	300
Observations and interviews of the drivers	20
Interviews of the managers	8

<b>Questionnaire</b>	<b>N</b>
Paper forms to be filled	455



# Present state analysis: statistics

Deviations





# Observation and interviews

## Semi-structured interviews

- Working experience
- Reporting of incidents
- Problems at work
- Work community
- Fluency of work
- Preparation
- Information sharing



# Questionnaire

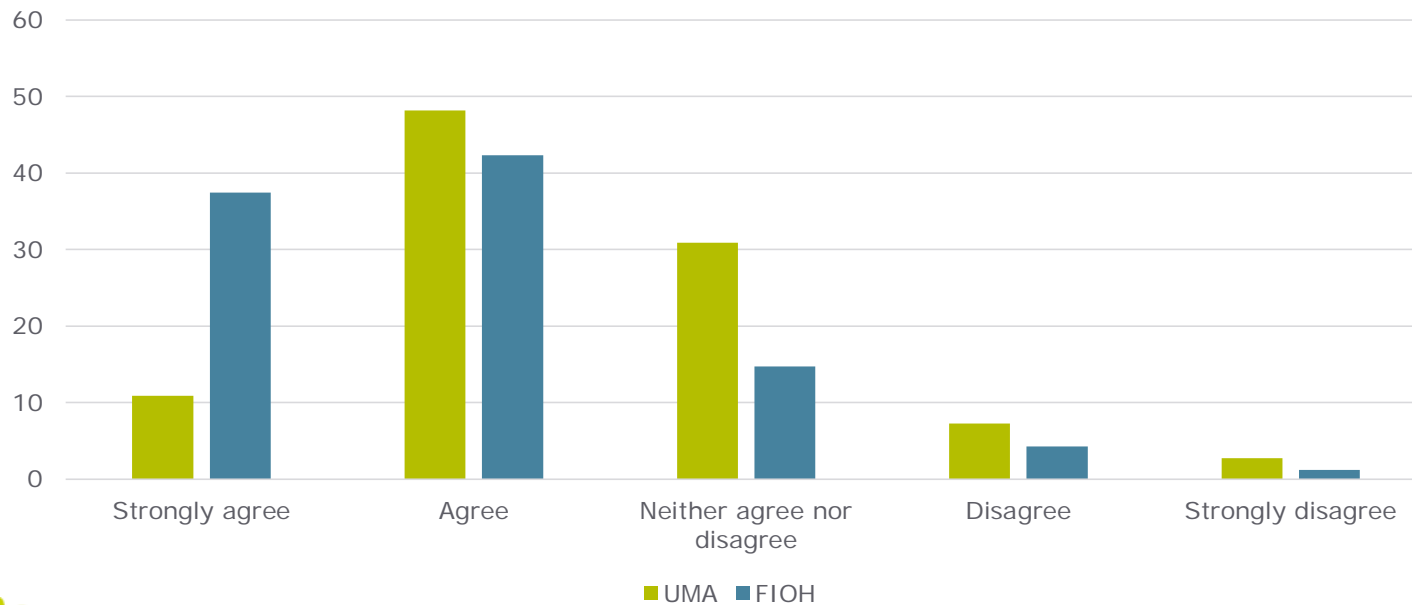
## **50 questions + subquestions**

- Age, working experience, work
- Tiredness, breaks, use of seat belt
- Accidents, ability to work
- management
- Problems to be faced at work
- Decision making in problematic situations
- Connor-Davidson Resilience Scale



# SAF€RA co-operation: example of the preliminary results

I am aware of major worries and concerns about safety in my workplace.







**Thank You!**